

MOUNTAIN LAKES HIGH SCHOOL (MLHS) ATHLETICS
MISSION STATEMENT

MLHS Athletics is dedicated to providing a wide range of opportunities for any student-athlete who is willing to dedicate his or her time and energy in a positive way to a particular sport or team. Athletics at MLHS provide a means for student-athletes to learn, to grow and to excel. Our teams provide opportunities for student-athletes to learn the values of mutual respect, sportsmanship, leadership, teamwork, dedication, healthy competition and overall fitness.

We believe

- Athletics is an extension of the classroom.
- In striving for excellence in all things.
- Every student-athlete can have a positive role on his/her athletic team, regardless of ability.
- Playing multiple sports has the greatest benefit to the individual athlete and to the entire MLHS athletic program.
- Participation is the hallmark of "Laker Pride" and a key reason for success in our athletic programs.
- Athletics provides opportunities for students to learn lessons in social responsibility and community service.
- In the importance of sportsmanship from all participants and spectators.
- That close ties among the local community, booster groups and high school athletics are integral to providing our student-athletes with a positive experience in sports.
- In the importance of teamwork.
- Winning is important, but winning and losing with honor is of the greatest importance. Student-athletes, coaches and spectators should conduct themselves in the spirit of "Laker Pride" at all times.
- In promoting athletics for the physical and emotional well-being for our student-athletes now and as life-long learners.
- That athletics provides opportunities for student-athletes to become leaders.
- Athletics is a vehicle for student-athletes to grow through setting goals and working to achieve them, individually and collectively.